

# Wellbeing and other

Image  
mannequin reading

## Wellbeing

- Barnardos 'Positive Identities -Prouder Communities' provides support for LGBTQ young people through emotional and one-to-one support.

Who is it for: children and young people aged 8-24 in North and West Yorkshire

- Chilypep 'Happy Group' provides support to integrate into their local communities and offer opportunities to influence and shape services available in the area.

Who is it for: unaccompanied asylum-seeking children and young people up to age 25

- 'HEARTS' project by Children's Society which provides advocacy support and therapeutic support

Who is it for: young people aged 15-25 in Leeds.

- Kaleido Arts for wellbeing CIC delivers wellbeing programmes to people who have been impacted by war, abuse, or loss through art-based workshops, for example writing, craft, drumming and drama.

Who is it for: young people based in Sheffield

- Kooth is an online platform which provides a range of mental health support through online forums, messaging, magazines, and an activity centre.

Who is it for: young people who have access to internet.

- Levelling The Playing Field organises sport and physical activities to engage and improve wellbeing for ethnically diverse children.

Who is it for: ethnically diverse children in London, Gwent, West Midlands and South Yorkshire.

- Mindwell offers diverse wellbeing activities which are accessible to young people in Leeds City Council.

Who is it for: young people in Leeds.

- North Yorkshire Together offers creative and physical activities for children and families in Hambleton District.

Who is it for: young people in Hambleton District.

- Open Doors offers a range of services to asylum seekers and refugees, including music classes, wellbeing activities, volunteering opportunities, English classes and other practical support for daily life challenges.

Who is it for: asylum seekers and refugees based in Hull.

- St Augustine's Centre Halifax runs a range of activities including advice drop-ins, conversation clubs, football clubs, clothing donation and other.

Who is it for: asylum seekers and refugees in Halifax.

- Women & Girls Alliance Leeds is a social football club for beginners or women looking to get back into football. The activity runs twice a month.

Who is it for: women and girls from any background in Leeds

- Youth in Mind offer one-to-one support, mentoring, peer groups and buddies.

Who is it for: UASC with a proficient level of English in Craven and Bradford District

## Other

- Arise Refugees offers mentoring programs to empower young refugees and help them integrate in the community.

Who is it for: young asylum seekers and refugees in Leeds.

- Barnardos provides support to frontline professionals and foster carers to safeguard children who are trafficked. The service is available in North and West Yorkshire in our region.

- [Bevan Healthcare Bradford](#) runs a multi-agency weekly drop-in accessible to young people.

Who is it for: asylum seekers and refugees in Bradford

- [Bradford Refugee Forum](#) assists with mentors and befrienders for newly arrived asylum seekers

Who is it for: newly arrived asylum seekers and refugees in Bradford

- [FYI – Families and Young Persons Information \(Bradford\)](#) provides advice, information and signposting for families, children and young people.

Who is it for: professionals working with families and young people in Bradford District

- [Leeds Refugee Forum](#) provides support through ESOL classes, homework clubs and youth group.

Who is it for: refugees and asylum seekers in Leeds.

- [Light Up Black and African Heritage Calderdale](#) runs different programs for Africans living in the area.

Who is it for: any person from African, Black and Minority Ethnic communities

- [Mind Doncaster](#) runs a group support for refugees and asylum seekers. The services include various activities ranging from group discussions and English classes.

Who is it for: asylum seekers and refugees.

- [Nation Citizen Service \(NCS\)](#) offer all sorts of new experience for personal and skills development.

Who is it for: young people aged 15-17 in the UK with a proficient level of English and who are willing to spend time away from home.

- [New Beginnings Projects](#) offers information and advice on volunteering, employment and education. They also run a range of social activities including walks, sports and workshops.

Who is it for: asylum seekers and refugees in Sheffield.

- [North Lincolnshire Sanctuary Group](#) provides befriending, practical support and signposting to relevant services.

Who is it for: unaccompanied asylum-seeking children and Syrian, Iraqi, and Turkish families.

- [PAFRAS 'Young Migrants Matters'](#) offers both immigration casework and wellbeing support.

Who is it for: migrants' children and young people in Leeds.

- [PATH Yorkshire](#) offers education, training and employment support to refugees and asylum seekers.

Who is it for: diverse migrant group, including refugees and asylum seekers.

- [Refugee Action Bradford](#) provides one to one support and group activities for refugees and asylum seekers, including casework support, wellbeing activities, and advice.

Who is it for: refugee and asylum seekers families in Bradford.

- [Refugee Action York](#) runs different programs for young asylum seekers and refugees. These include a youth club, sports club, one-to-one mentoring programs and mother tongue language classes.

Who is it for: secondary school aged people in York.

- [Refugee Council](#) offers a nationwide service for unaccompanied asylum-seeking children by providing advice, guidance and support throughout the asylum system.

Who is it for: unaccompanied asylum-seeking children.

- Refugee Council offer support through their '[Age Dispute Project](#)' for children who are age disputed by either the Home Office or local authorities.

- [RETAS](#) runs a range of programs, from housing support to advocacy service which are accessible to young people.

Who is it for: asylum seekers and refugees in Leeds.

- [Safe Passage 'Young Leaders'](#) provides workshops and training to develop leadership and campaigning skills, covering topics such as public speaking, media, filmmaking, storytelling and developing a voice to make a change.

Who is it for: young refugees and asylum seekers aged 16-25 based anywhere in the UK

- [Sexual Health Sheffield](#) provides a range of services, including youth clinic for anyone aged 18 or under. They offer free and confidential advice.

Who is it for: young people aged 18 or under.

- [Simple Connect North East Lincolnshire](#) provides support for asylum seekers and refugees in North East Lincolnshire. This includes English classes, employment and education support.

Who is it for: asylum seekers and refugees based in Grimsby.

- [SPRING](#) is a partnership of different organisation who provide advice and support to newly granted refugees.

Who is it for: people who have been newly granted refugees' status.

- [St Vincent's Centre](#) provides weekly activities for various group where people can develop new skills and connect with the community.

Who is it for: vulnerable individuals and families in Leeds.

- [Together Trust](#) offers one-to-one sleep clinics and online advice.

Who is it for: local parents and carers in Bradford District and Craven, Trafford and Rochdale

- [Torture-ID](#) offer health assessment about migrant children and young people for solicitors and social workers. These can be submitted to the Home Office.

Who is it for: professionals working with migrant children in Yorkshire and Humber

- [Twinkl LTD](#) provides free downloadable resources useful to assist young people with their mental wellbeing

Who is it for: UASC with a proficient level of English and with access to internet

## **Contact for UASC hub**

Your contact for Yorkshire and Humber is:

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