Wellbeing and other

Image mannequin reading

Wellbeing

- Barnardos 'Positive Identities -Prouder Communities' provides support for LGBTQ young people through emotional and one-to-one support.
 Who is it for: children and young people aged 8-24 in North and West Yorkshire
- <u>Chilypep 'Happy Group'</u> provides support to integrate into their local communities and offer opportunities to influence and shape services available in the area.

Who is it for: unaccompanied asylum-seeking children and young people up to age 25

• <u>'HEARTS'</u> project by Children's Society which provides advocacy support and therapeutic support

Who is it for: young people aged 15-25 in Leeds.

• <u>Kaleido Arts for wellbeing CIC</u> delivers wellbeing programmes to people who have been impacted by war, abuse, or loss through art-based workshops, for example writing, craft, drumming and drama.

Who is it for: young people based in Sheffield

- <u>Kooth</u> is an online platform which provides a range of mental health support through online forums, messaging, magazines, and an activity centre.
 Who is it for: young people who have access to internet.
- <u>Levelling The Playing Field</u> organises sport and physical activities to engage and improve wellbeing for ethnically diverse children.

Who is it for: ethnically diverse children in London, Gwent, West Midlands and South Yorkshire.

 Mindwell offers diverse wellbeing activities which are accessible to young people in Leeds City Council.

Who is for: young people in Leeds.

• <u>North Yorkshire Together</u> offers creative and physical activities for children and families in Hambleton District.

Who is it for: young people in Hambleton District.

 Open Doors offers a range of services to asylum seekers and refugees, including music classes, wellbeing activities, volunteering opportunities, English classes and other practical support for daily life challenges.

Who is it for: asylum seekers and refugees based in Hull.

• <u>St Augustine's Centre Halifax</u> runs a range of activities including advice drop-ins, conversation clubs, football clubs, clothing donation and other.

Who is it for: asylum seekers and refugees in Halifax.

 Women & Girls Alliance Leeds is a social football club for beginners or women looking to get back into football. The activity runs twice a month.
 Who is it for: women and girls from any background in Leeds

Youth in Mind offer one-to-one support, mentoring, peer groups and buddies.
 Who is it for: UASC with a proficient level of English in Craven and Bradford District

Other

• <u>Arise Refugees</u> offers mentoring programs to empower young refugees and help them integrate in the community.

Who is it for: young asylum seekers and refugees in Leeds.

- Barnardos provides <u>support to frontline professionals and foster carers to</u> <u>safeguard children who are trafficked</u>. The service is available in North and West Yorkshire in our region.
- <u>Bevan Healthcare Bradford</u> runs a multi-agency weekly drop-in accessible to young people.

Who is it for: asylum seekers and refugees in Bradford

 <u>Bradford Refugee Forum</u> assists with mentors and befrienders for newly arrived asylum seekers

Who is it for: newly arrived asylum seekers and refugees in Bradford

- <u>FYI Families and Young Persons Information (Bradford)</u> provides advice, information and signposting for families, children and young people.
 Who is it for: professionals working with families and young people in Bradford District
- <u>Leeds Refugee Forum</u> provides support through ESOL classes, homework clubs and youth group.

Who is it for: refugees and asylum seekers in Leeds.

• <u>Light Up Black and African Heritage Calderdale</u> runs different programs for Africans living in the area.

Who is it for: any person from African, Black and Minority Ethnic communities

• <u>Mind Doncaster</u> runs a group support for refugees and asylum seekers. The services include various activities ranging from group discussions and English classes.

Who is it for: asylum seekers and refugees.

 <u>Nation Citizen Service (NCS)</u> offer all sorts of new experience for personal and skills development.

Who is it for: young people aged 15-17 in the UK with a proficient level of English and who are willing to spend time away from home.

• <u>New Beginnings Projects</u> offers information and advice on volunteering, employment and education. They also run a range of social activities including walks, sports and workshops.

Who is it for: asylum seekers and refugees in Sheffield.

• <u>North Lincolnshire Sanctuary Group</u> provides befriending, practical support and signposting to relevant services.

Who is it for: unaccompanied asylum-seeking children and Syrian, Iraqi, and Turkish families.

• <u>PAFRAS 'Young Migrants Matters'</u> offers both immigration casework and wellbeing support.

Who is it for: migrants' children and young people in Leeds.

• <u>PATH Yorkshire</u> offers education, training and employment support to refugees and asylum seekers.

Who is it for: diverse migrant group, including refugees and asylum seekers.

• <u>Refugee Action Bradford</u> provides one to one support and group activities for refugees and asylum seekers, including casework support, wellbeing activities, and advice.

Who is it for: refugee and asylum seekers families in Bradford.

• <u>Refugee Action York</u> runs different programs for young asylum seekers and refugees. These include a youth club, sports club, one-to-one mentoring programs and mother tongue language classes.

Who is it for: secondary school aged people in York.

 <u>Refugee Council</u> offers a nationwide service for unaccompanied asylum-seeking children by providing advice, guidance and support throughout the asylum system.

Who is it for: unaccompanied asylum-seeking children.

- Refugee Council offer support through their '<u>Age Dispute Project</u>' for children who are age disputed by either the Home Office or local authorities.
- <u>RETAS</u> runs a range of programs, from housing support to advocacy service which are accessible to young people.

Who is it for: asylum seekers and refugees in Leeds.

- <u>Safe Passage 'Young Leaders'</u> provides workshops and training to develop leadership and campaigning skills, covering topics such as public speaking, media, filmmaking, storytelling and developing a voice to make a change.
 Who is it for: young refugees and asylum seekers aged 16-25 based anywhere in the UK
- <u>Sexual Health Sheffield</u> provides a range of services, including youth clinic for anyone aged 18 or under. They offer free and confidential advice.
 Who is it for: young people aged 18 or under.
- <u>Simple Connect North East Lincolnshire</u> provides support for asylum seekers and refugees in North East Lincolnshire. This includes English classes, employment and education support.

Who is it for: asylum seekers and refugees based in Grimsby.

• <u>SPRING</u> is a partnership of different organisation who provide advice and support to newly granted refugees.

Who is it for: people who have been newly granted refugees' status.

- <u>St Vincent's Centre</u> provides weekly activities for various group where people can develop new skills and connect with the community.

 Who is it for: vulnerable individuals and families in Leeds.
- <u>Together Trust</u> offers one-to-one sleep clinics and online advice.
 Who is it for: local parents and carers in Bradford District and Craven, Trafford and Rochdale
- <u>Torture-ID</u> offer health assessment about migrant children and young people for solicitors and social workers. These can be submitted to the Home Office.
 Who is it for: professionals working with migrant children in Yorkshire and Humber
- <u>Twinkl LTD</u> provides free downloadable resources useful to assist young people with their mental wellbeing

Who is it for: UASC with a proficient level of English and with access to internet

Contact for UASC hub

Your contact for Yorkshire and Humber is:

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Source URL: http://migrationyorkshire-act.leeds.gov.uk/wellbeing-and-other